

Report from the “adapted food basket group”, the second “Mesa de concertacion”, 11th November 2009.

In the first “Mesa de concertacion” this food basket group were given the mandate to develop a new, or adapted food basket, meaning the content of a “food basket” with food not only given by WFP but a basket where we should take into consideration all food that the different non-multilateral organisations want to give.

We started with doing a survey among some of the families in the camps, to find out what they think about the food distributed and asked what they use to buy and if they had some wishes about the food that we could bring further in the work.

The development of the adapted food basket is built upon the results from the survey and an evaluation of the food situation and food given today. We have also taken nutritional aspects into consideration.





The result of this work was discussed in the second “Mesa de concertacion” the 11 November 2009, among all the participants (see the list from the minutes from the meeting).

The following food basket is an example on how an adapted food basket can look like.

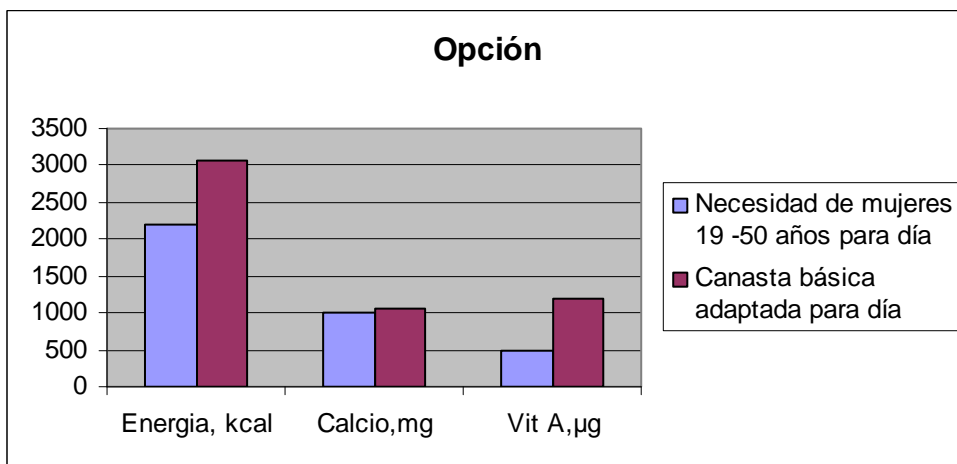
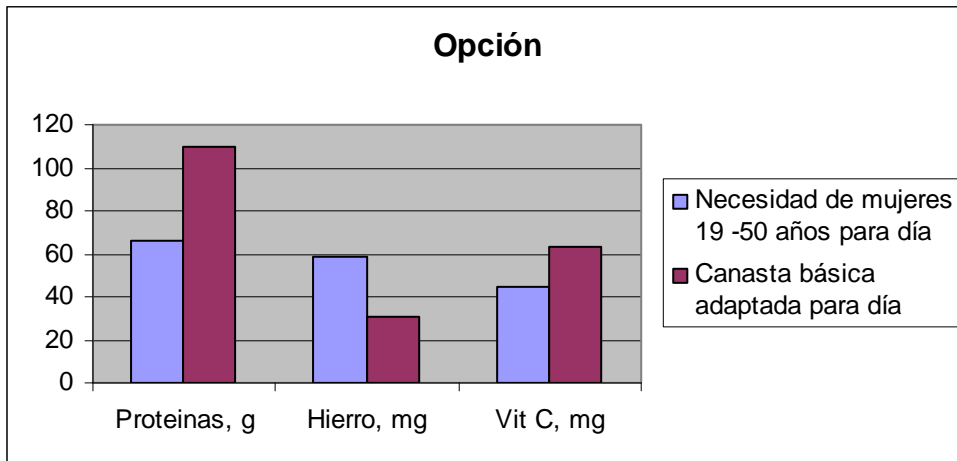
	Ration/ kg/mes	
Food given monthly by WFP	8 2 2 1 2 1 1	Harina fortificada, WFP april 09 Cebada Arroz CSBsoya, fortificado nov09 Lentejas /Alubias/Guisante Aceite fortificado WFP april 09 Azúcar
Suggested food items that can be given by other organisations	1 1 1 5 1 1 3 3 2 1 1 1	Gofio Soja Pasta Leche Queso Caballa en salmuera Patata Zanahorias Cebolla Manzana Naranjas Tomates tetra pack

The two graphs on the next page show how this specific food basket covers the needs for some chosen nutrients for a woman 19 – 50 year per day.

To make the adapted food basket more flexible, the group suggested using following food groups instead of single food items:

-  Vegetable and fruit
-  Canned fish (mackerel or sardines) or meat
-  Milk and cheese
-  Other foods such as gofio and pasta and soy beans

Foods from all this food groups are highly recommended as support to the refugees.



Rabouni 12 November 2009

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